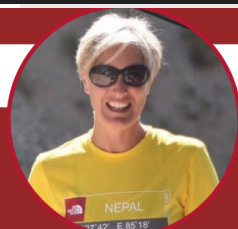


DOCTORS FOR NEPAL

NEWSLETTER, SPRING 2022



A NOTE FROM OUR FOUNDER

Dear Supporter,

I want to use this letter as an opportunity to thank Cesca Eaton, who has been the backbone of the management of DFN for the last 7 years. She joined us when she edited and produced our award-winning documentary - "Namaste", then went on to formally work as our UK Operations Manager. She has run many successful fundraising events for us and will be hugely missed by the "DFN Family" in Nepal - whom she has personally nurtured with such passion and sensitivity. On behalf of all of us - thank you Cesca, you have been amazing!

We are extremely pleased to introduce Caz Winter, who beat over 40 exceptional candidates to replace Cesca. She comes with a wealth of experience and will lead the way in our strategic development over the coming months.

I hope that you enjoy reading the updates below from our team in Nepal, plus some exciting

needing our support in Ukraine. We hope you are able to continue to follow us and enjoy being part of our DFN team.

Best wishes,

Kate



A Huge Thank You...



The Christmas equipment appeal raised over £9000. This amazing amount is being used to send CTG machines (monitoring equipment for labour), ECG machines, ear nose & throat equipment, and caesarean section kits to 3 remote hospitals in which our doctors work. Thank you to everyone who donated.

Recognition by the President of Nepal

We were extremely pleased to have our work recognised by the President of Nepal on our recent trustee visit in December. Despite the spelling mistake in Kate's surname, this award truly showed our work is appreciated in Nepal.



Dates for Your Diary

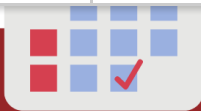
Hamsey Storytelling Event

Date: 14th May 2022
Time: 4pm-6pm
Suggested Donation: £10/£5 (children)
Venue: Hamsey Church, Ivors Lane, Lewes

For more information and to buy tickets, please [click here](#)

We're so excited to announce that acclaimed storyteller, Ashley Ramsden, is returning to generously give his time in another atmospheric event, this time held in person in the historic Hamsey Church. This promises to be an afternoon of wonder for all the family, as Ashley delivers the story 'Tistou of the Green Thumbs', a timely tale about one boy's attempt to influence world peace. All proceeds will go to Doctors for Nepal, so please come by and enjoy a magical afternoon for a great cause!





Dates for Your Diary

DFN Dog Walk

Date: 10th July 2022

Time: Meet at 10:15am, for departure at 10:30am

Venue: Meeting at the rear carpark, Ram Inn, Firle, East Sussex.

Distance: 4 miles / 6km (moderate terrain)



With the weather getting warmer, we want to invite you and your furry friends to join us for a charity stroll in the sunny Sussex countryside. This will be a circular walk to the splendid Firle Beacon. For more information about the route and arrangements, please [click here](#).

For updates about the event and to register your interest, e-mail caz@doctorsfornepal.org



From Our Scholars



Doctor Purna has been busy working in ICU. He has reported on the challenges he faced during the pandemic with rising Covid-19 cases and limited supplies of medicines and ventilators. Fortunately, he has seen cases drop in recent weeks, allowing him to focus on a wider variety of patient conditions. This week he has also been in the dermatology

department, treating patients with common skin conditions, offering support that he feels can really improve his patients' quality of life.

Doctor Kamal is enjoying working at the emergency department in Jumla. Among other conditions, he has been treating many COPD patients (a condition very common in Nepal) and reports a great appreciation from his patients who are able to access care from him and his colleagues. This week he is also undertaking specialist training in Kathmandu in paediatric critical care. He hopes to take a well-earned break while in the city to visit some of our other scholars at Patan Academy!



Nurse, Prabha, has been working in Bajura District (above), an extremely remote area, where medical support is desperately needed. As you can see (above, left), moving around the rugged terrain in this area is no easy feat! Prabha has also delivered training to traditional healers in the district (left), spreading the word about vital modern medical interventions.

Passing these will allow him to advance to his 5th year, which will involve 5 months of clinical practice in hospital and a 5 month posting - he's excited to see where he will be posted!



Second-year medical student, Sangita has just completed her most recent exam, covering the endocrine system and related disorders. She continues to be motivated by the possibility to help remote populations and is coming across many conditions in her studies that she has witnessed in her own community.



Doctor Meena has been working in obstetrics and neonatal care at Mugu District Hospital. She has been doing a fantastic job balancing her work, handling emergency cases such as complicated deliveries and C-sections, with looking after her own little one!

**All of your donations and support mean so much to us,
our scholars and the communities in rural Nepal**

To set up a regular monthly standing order with your bank:

Doctors for Nepal
Account: 00284204
Sort Code 30-91-25

To send a cheque:

Doctors For Nepal c/o 128 Hollingbury Park Avenue, Brighton, BN1 7JP

Thank you

UK Registered charity number 1133441

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