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DECEMBER NEWSLETTER AND EQUIPMENT APPEAL

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DOCTORS FOR NEPAL



Drs Apsara, Nahakul and Lalit launch our EQUIPMENT APPEAL from Nepal

Dear Supporter,

As 2021 draws to a close, I reflect on how much our lives have changed, and how we have had to adapt to a world engulfed by the pandemic. Underdeveloped countries such as

Despite the perpetually challenging circumstances thrown at our students and doctors, they continue to show extraordinary strength and resilience to thrive in adversity. I am hugely proud that our scholarship programme is really now showing its success. In November, Dr Lal it returned to the far west of Nepal as the first ever specialist obstetrician and gynaecologist for his whole region of Nepal! The majority of our student doctors, and a number of our nurses, have now graduated, and are providing healthcare for some of the world's most isolated communities. Whilst the pandemic may have slowed the expansion of some of our programmes, the trustees are currently in Nepal finalising plans for expanding our work in the New Year, such as commencing public-health scholarships and launching the Equipment Appeal.

I cannot stress how important your donations and support are for DFN during these challenging times. I hope you are able to help us launch our Equipment Appeal, and continue to support our medical teams as they provide desperately needed healthcare in the mountains of Nepal.

I wish you all a very happy Christmas and festive season.

Dr Kate Yarrow, Founder

FUNDRAISING EQUIPMENT APPEAL

On 13th December we launched an appeal to fundraise specifically for medical equipment requested by our doctors and nurses, to enable them to provide the very best healthcare possible in their remote underfunded health-posts. More details can be found [HERE](#)

[DONATE HERE](#)



SOUNDBITES NEWS



We welcome a new baby into the DFN family! **Dr Meena** gave birth to baby Shanmuk in July after a high risk pregnancy. They are doing well, and she is now back working in her extremely remote community in Mugu district hospital.

Dr Lalit has become the first ever postgraduate specialist in obstetrics and gynaecology from Kalikot District. He commenced work in November at Surkhet Hospital.



Congratulations to **Dr Kamal** and **Dr Apsara** for completing their internships and passing the Nepal medical examination to become independent medical practitioners. They are working back in their own district hospitals (Kalikot, and Jumla).

Nurses **Prabha**, **Yuna**, **Neelam**, **Satya** and **Samina** have all recently graduated and will be returning to work shortly.

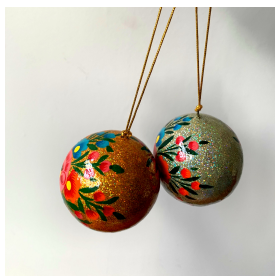
Nurses **Binita** and **Apsara** are working in Humla district.



In April 2021 we successfully raised over £15,000 in our Covid Appeal. We sent oxygen concentrators, and large amounts of PPE to remote hospitals thanks to your support.



CHRISTMAS SHOPPING



We have lots of gorgeous gifts in our online shop available from 13th December.

[CLICK HERE](#) to view and to purchase.

Place your order **before 17th December** and we will try our very best to get your gifts to you in time for Christmas

TO HELP WITH OUR EQUIPMENT APPEAL

or

- To set up a regular monthly standing order with your bank, please donate to:

Doctors for Nepal

Account: 00284204

Sort Code 30-91-25

- To send a cheque: Doctors For Nepal c/o Flat 1, 87 Enys Road, Eastbourne BN21 2DX

THANK YOU

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